



CEDAR

Children's Academy

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Dear Parents/Carers,

As we move into a time of more digital learning (through the use of SeeSaw and Tapestry, we would like to take the opportunity to highlight again the importance of staying safe online. See Saw and Tapestry provide safe spaces to share learning and interact with class teachers.

Whilst much of the learning uploaded will be resource-based documents and activities, there may be weblinks signposted for research purposes or online video content shared.

It is important that pupils know what to do to stay safe when accessing the internet. The following are some ways you can help your children to stay safe online:

- Help your child to avoid seeing inappropriate content online by discouraging them for clicking on pop-ups or links that they have not been directed to by their class teacher.
- Ensure they know to tell a trusted adult straight away if they see anything they don't like online or are worried about what someone has said to them online.
- Talk to your child and remind them to not share any personal data online.
- Ensure they are aware to be mindful of how they speak to others online and remember that all actions they take have a digital footprint.
- Speak to your child about using child-friendly search engines when researching such as:

www.swiggle.org.uk

www.kiddle.co

www.alarms.org/kidrex

Attached is an online safety guide to share with your children. We hope your children enjoy the experience of digital learning and continue to stay safe online,

Miss McNally and Mrs Bardoli



National Online Safety®

#WakeUpWednesday



Online Safety Tips For Children



Do's



Don'ts

1 KEEP YOUR PERSONAL INFORMATION PRIVATE ONLINE

Only share it with people you know like friends and family. Ask a trusted adult, like your teacher or a family member, to help you change your privacy settings so that strangers can't see it.

2 SPEAK POLITELY AND BE KIND TO OTHERS WHEN YOU SPEAK TO THEM ONLINE

Treat them like you would treat them in real life and always remember your manners.

3 TELL A TRUSTED ADULT IF YOU ARE BEING BULLIED ONLINE

If other another person is sending you nasty messages, a trusted adult will be able to help you collect evidence and report the person to the relevant authorities.

4 USE PASSWORDS TO PROTECT YOUR PERSONAL INFORMATION

Ask a trusted adult to help you create a password that you can easily remember but which is hard for other people to guess.

5 ALWAYS CHECK WITH A TRUSTED ADULT FIRST BEFORE USING A DEVICE OR DOWNLOADING A NEW APP

This is so that they can check it is safe for you to use and make sure the privacy settings are right.

6 TELL A TRUSTED ADULT IF YOU SEE SOMETHING ONLINE WHICH YOU DON'T LIKE

This can include anything that upsets you, makes you feel sad or which you're unsure about.

7 USE THE INTERNET TO HAVE FUN AND TO HELP YOU FIND OUT INFORMATION ABOUT THINGS

Remember to ask your trusted adult for help and always use child friendly search engines so that the information you get back is safe.

1 ACCEPT FRIEND REQUESTS FROM STRANGERS OR PEOPLE YOU DON'T KNOW

Always tell a trusted adult if somebody you don't know tries to contact you online.

2 SPEND TOO MUCH TIME ON YOUR DEVICE

Instead, go out and play with your friends, get some fresh air and try to exercise more. This will help you stay fit and healthy.

3 REPLY TO MESSAGES FROM ONLINE BULLIES OR PEOPLE WHO SEND YOU NASTY MESSAGES

The most important thing to do is to tell a trusted adult and then block the person from contacting you.

4 COPY PEOPLE'S WORK ONLINE OR PRETEND IT IS YOURS

This is called plagiarism and can get you into a lot of trouble.

5 BE MEAN OR NASTY ONLINE

Behave online like you would in real life and don't post anything that can make you look like a bad person. Things that you post online can stay there for a very long time.

6 USE YOUR DEVICES CLOSE TO BEDTIME

This will allow your brain to rest so that you can get a good night's sleep, stay focused at school and perform better in class.

7 SHARE PERSONAL INFORMATION ON THE INTERNET WITH STRANGERS

Always tell a trusted adult if somebody you don't know asks you for your personal information.

